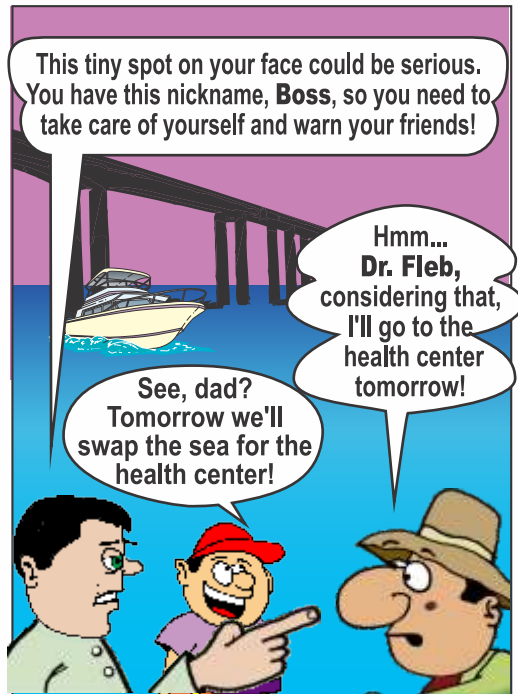
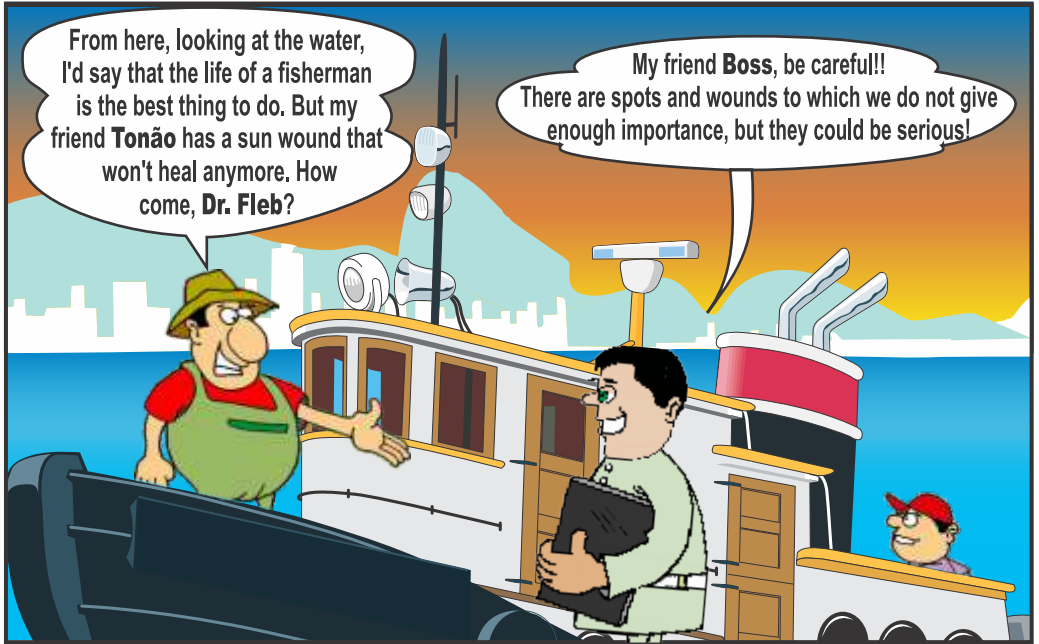


True fishermen stories



Skin health of fishermen

True fishermen stories





I remember **Bay Mane's** wound. It was simple, didn't hurt but caused a lot of trouble.

Look who's talking, **Smart Tião**, who only keeps quiet. It looks like you have telepathy with the fish.



How about **Catfish Dorico**? This one had no luck. He got bitten and it became a huge wound, **Dr. Fleb**.

Deep wounds can reach organs, joints, cartilage, tendons, ligaments, bones, blood vessels and other organs. If they are contaminated, they get chronic.

Dr. Fleb, I'm going fishing.



Oh, **Dr. Fleb**, there's no wound or disease in this life to which **Catfish Dorico's** wife has no remedy.

Zé Boiano, it's not recommended to do that!



Her pharmacy has pieces of fish, alcohol, salt, urine, alcoholic beverages, kerosene, tourniquet, tobacco, weed, coffee powder, gasoline, propolis, grease, saião plant, honey... If nothing works, there's praying.

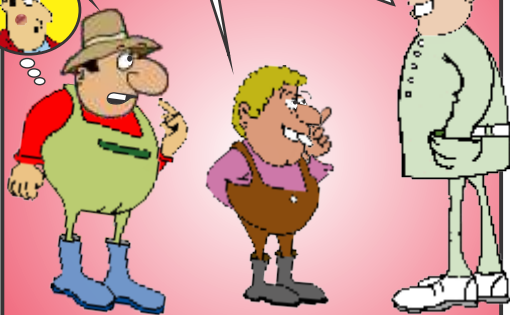
Everything would be safer at the health center, right, **Dr. Fleb**?

Homemade medicine could make things worse.

It's been 5 years that she cares for a wound on the face of my friend...

Carlito Prudente has already faced a stingray and a swordfish. He's smart and has never been bitten or stung.

There are other fish too: stonefish, moray eel and other either venomous or not, but that can hurt you!



I read it in the paper that there are a lot of accidents with catfish and jellyfish on the coast of São Paulo.

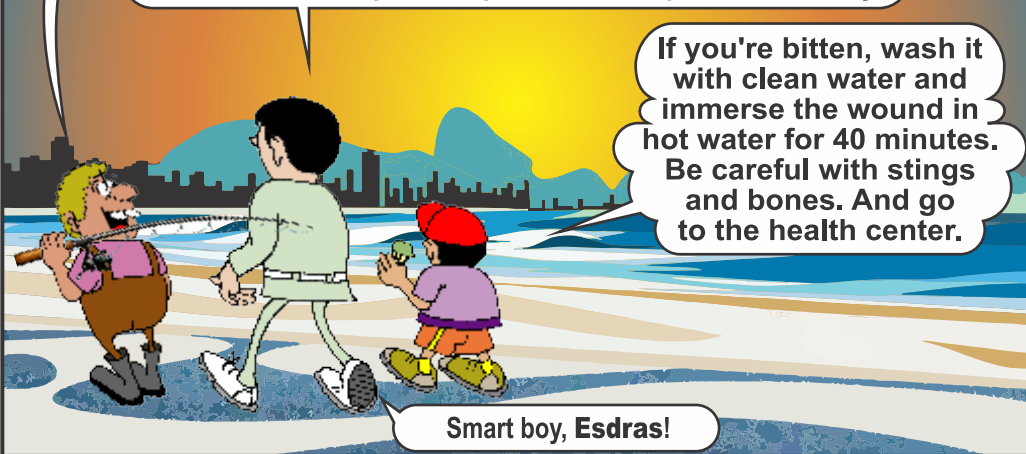


At the Sidewalk of Copacabana

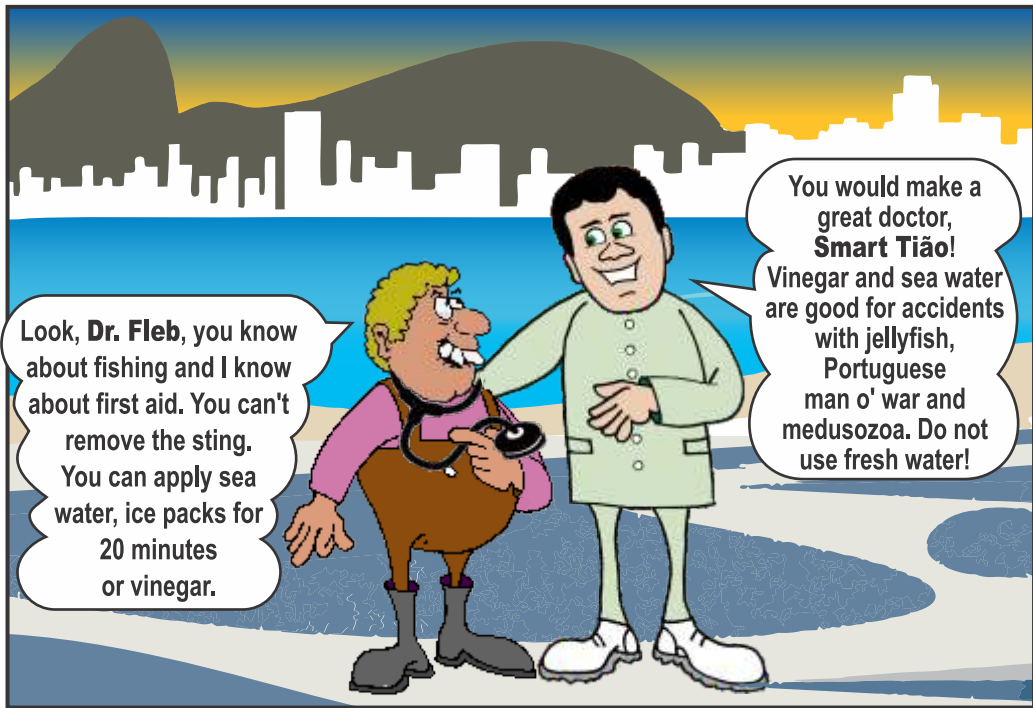
A quick wash after the accident makes everything new, right, **Dr. Fleb**? Are you a fisherman too?

Not like you, **Smart Tião**. Just for leisure, every now and then. But, back to the topic: it depends on the quick wash, okay?

If you're bitten, wash it with clean water and immerse the wound in hot water for 40 minutes. Be careful with stings and bones. And go to the health center.



Smart boy, **Esdras**!



Look, **Dr. Fleb**, you know about fishing and I know about first aid. You can't remove the sting. You can apply sea water, ice packs for 20 minutes or vinegar.

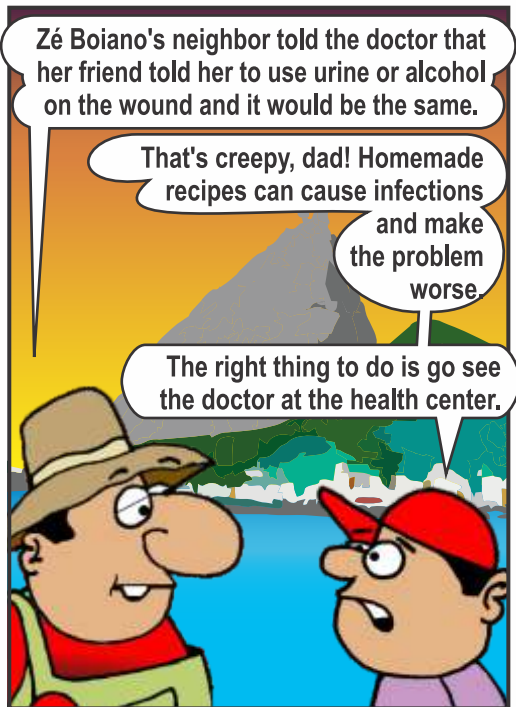
You would make a great doctor, **Smart Tião!** Vinegar and sea water are good for accidents with jellyfish, Portuguese man o' war and medusozoa. Do not use fresh water!



I'm almost a specialist! Did you know, doctor, that there are no poisonous crab in Brazil, but accidents with them can be very serious? Such a nasty animal!

Brazil has a very large coast. There must be a lot of accidents throughout the coast with fishermen and bathers!

What I see the most is accidents with catfish... that sting hurts a lot...



Zé Boiano's neighbor told the doctor that her friend told her to use urine or alcohol on the wound and it would be the same.

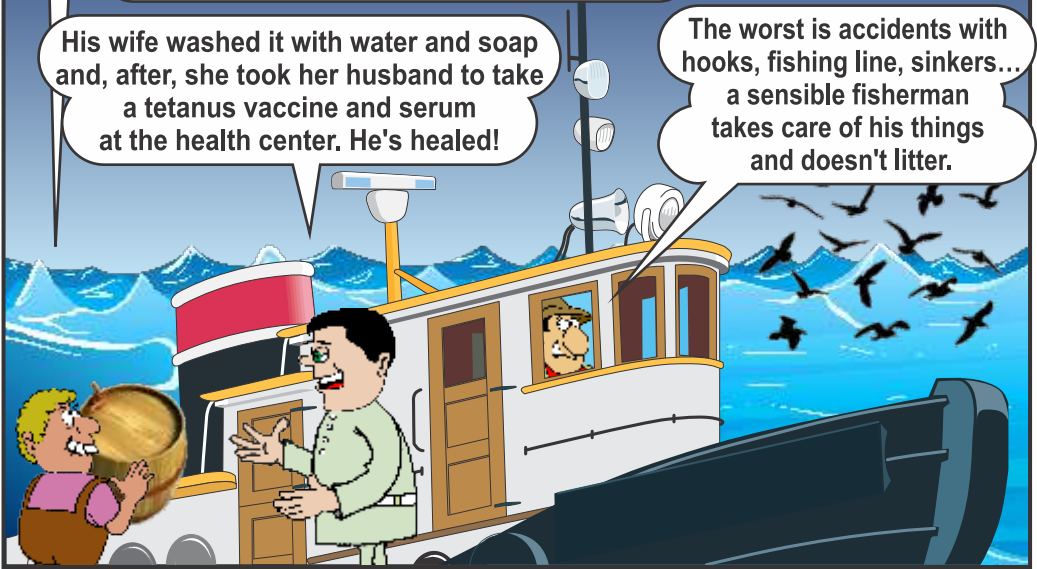
That's creepy, dad! Homemade recipes can cause infections and make the problem worse.

The right thing to do is go see the doctor at the health center.

Urchin Mané stayed many days at home because of a sea urchin. I'd never seen so many stings. And his wife is a nurse. She got them all out with tweezers. Such a brave woman!

His wife washed it with water and soap and, after, she took her husband to take a tetanus vaccine and serum at the health center. He's healed!

The worst is accidents with hooks, fishing line, sinkers... a sensible fisherman takes care of his things and doesn't litter.

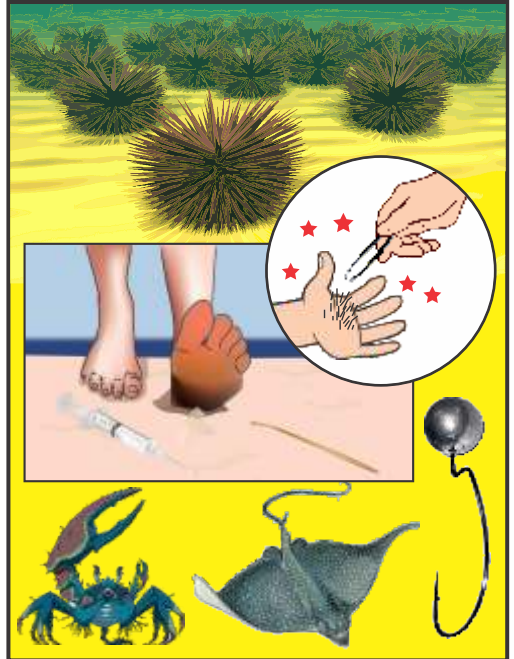


Carlito Prudente has some buckets in his boat to discard hooks, sinkers, nails, wire and everything he finds around. He cleans more than he fishes!

We also have a bad time with wooden skewers and even needles on the sand. I know that can cause many diseases.



The most common accidents



Pollution, fish attack and lack of sun protection are risks for fishermen and tourists.

Drink plenty of water. It's important to keep hydrated.



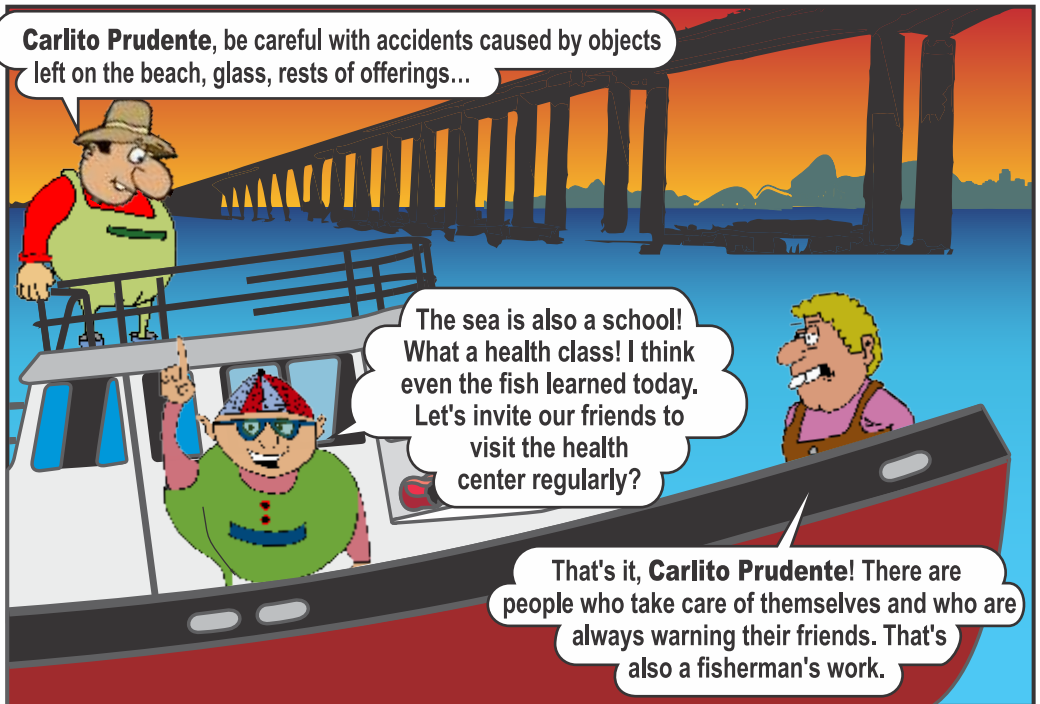
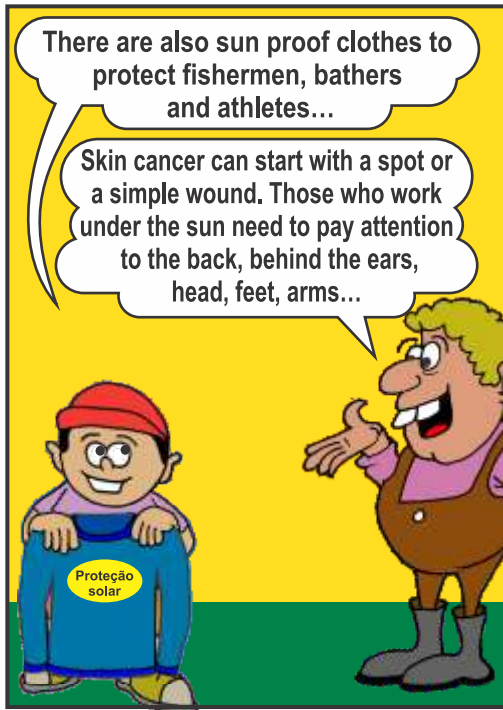
I learned it already: A 154-pound person must drink almost 0.8 gallons of water a day.



Dr. Fleb, Esdras told me that there are sunscreen pills. This boy makes up such things!

But that's true, Boss. This already exists. Pretty soon, you'll be able to use it.







Dad, the sun is going down.
I can already smell the
food from home.

I'm so hungry, **Esdras!**
But with this orangey sunset,
mixed with the red and blue
of the oncoming night,
the food can wait.

Let's spread the booklet and the comic book to our friends, folks!

